

Wellness Policy

In 2010 the Board of Directors adopted a wellness policy to help curb the growing concern of childhood obesity. As a result of this policy we would encourage students bring birthday treats that are nutritious and healthy. Examples could include: fruits, vegetables, whole-grain products, low fat and fat-free dairy products, etc. Please include this information in your classroom notes sent home at the beginning of the year. In 2009, the Healthy Kids Act was implemented to curb childhood obesity.